

# FREQUENT FLYERS® AERIAL DANCE

## Aerial Dance Professional Training Program Program Dates: August 28, 2017-May 25, 2018

### **2 Professional Study Options available:**

- Aerial Dance Performance Track
- Aerial Dance Concentration through the MFA program at the University of Colorado, Boulder, Theater and Dance Department

### **Description:**

Discover who you are as an artist and performer from Frequent Flyers® Productions, Inc. (FFPs) unique approach to aerial dance from the ground up!

- Find your unique aerial dance style through studying FFPs movement aesthetic centered on flow, economy of movement, effortlessness, and lines in the body.
- Build your aerial skill sets in fabric, rope, low-flying trapeze, static trapeze, lyra, sling, invented apparatus, stilts, and more.
- Develop and hone your improvisation and composition skills.
- Participate in performances to foster compositional skills in solo and group settings.
- Let FFPs diverse teaching staff help you discover who you are as an aerial dance artist.

### **Why train with Frequent Flyers®?**

FFPs training technique goes beyond aerial skill acquisition—we focus on the process of transforming aerial skills into an artistic expression that integrates ground-based movement and aerials. All of our teachers, also accomplished aerial artists, will offer you strong training specifically geared to teaching aerial dance with safety, technique and creativity in mind. Couple our teachers' aerial training with their diverse backgrounds in a wide variety of disciplines (for example: Pilates, Yoga, massage, science, somatic practices, traditional circus and nearly every type of dance imaginable), and you are sure to leave FFP with a wealth of knowledge pertinent to a variety of aerial applications. We cater to the individual student, thus you can be confident you will receive training customized to your particular needs and goals.

Whether you are looking to incorporate aerials into your movement repertoire or choreography, working towards a career in aerial arts, building your skill level to teach aerial arts, or are simply looking for an opportunity to have a creative workshop experience where you'll gain strength, confidence and an entirely new perspective on body awareness, this is the program for you! Our school attracts people from diverse backgrounds, so you will not only have the opportunity to learn from FFPs teachers, but also from the individuals you will be training and performing with. It is also the first Aerial Dance School to be approved and regulated by the Colorado Department of Higher Education, Private Occupational School Board.

## **Optional Study Focus**

Students have the option of deepening their study in a particular apparatus and/or in a variety of fields applicable to aerial dance. Upon being accepted into the school, the students can meet with the Education Director individually to talk about what they want to get out of the program, including possible study focuses.

## **Portfolio**

Each student will leave the program with a portfolio that may include: choreography/performance videos (all work done at FFP), artistic statement/philosophy, resume, website, business cards, and photos.

## **Required Courses**

### **Performance Track Courses**

Performance	Improvisation/Choreography
Aerial Fitness	Open Gym
Aerial Dance Technique	Private Lesson
Ground-Based Movement	Workshops

### ***University of Colorado Aerial Dance Concentration (as part of the MFA program)***

\*A 60 credit hour program designed to take 3 years (6 semesters) to complete  
*Weekly Programming is based on the student's previous experience and specific goals.*  
<http://theatredance.colorado.edu/dance/dance-academics/dance-mfa/aerial-dance-track/>

## **Cost**

Tuition Cost: \$8500

Estimated cost of supplies: \$100

\*Payment plans available. A \$15 processing fee is applied to each payment.

## **Who Can Apply:**

- Applicants are strongly encouraged, but not required, to have a dance background.
- Applicants should have at least one year of focused training in an aerial apparatus.
- Base strength requirements must be able to be performed at the audition.
- All applicants must have health insurance.
- Please note FFP does not provide housing. Applicants must have housing options in Boulder.

## **Questions:**

Contact April Skelton, Education Director

[april@frequentflyers.org](mailto:april@frequentflyers.org)

[www.frequentflyers.org](http://www.frequentflyers.org)

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